

# SUMMERTIME AT THE ROYAL SAVOY



ROYAL SAVOY  
HOTEL & SPA  
LAUSANNE

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LA BRASSERIE DU ROYAL  
PAR  
Marc Haubert

EAT &  
DRINK



# SUMMER GOURMET ESCAPE



THE SUMMER PROGRAMME AT THE ROYAL SAVOY IS DEFINED BY ELEGANCE AND ORIGINALITY. YOU ARE INVITED TO TAKE TIME OUT TO INDULGE YOUR SENSES. MIXING THE STYLES OF ART NOUVEAU WITH THAT OF MEDIAEVAL CASTLES, YOU WILL BE ASTONISHED BY THE MULTITUDE OF FLAVOURS ON OFFER THIS SUMMER. SOME TRAVELLERS WILL BE DRAWN TO THE SEA, SOME TO THE LAKE, SEARCHING OUT FISH DISHES TO SAVOUR À DEUX, WHILE OTHERS WILL PREFER THE TEMPTATIONS OF ASIA AND ITS FLAVOURS.



## THE BRASSERIE DU ROYAL & ITS TERRACE

On the terrace, in an ambience of elegance and relaxation, we warmly invite you to enjoy the menu created by Marc Hæberlin and the Royal chefs, a summer menu with the freshness of fish as its highlight.

*Open from 12:00 to 19:30.*

*Lunch from 12:00 to 14:00.*

*Dinner from 19:00 to 22:00*

*Reservations: Tel. +41 21 614 88 52, by sms or WhatsApp  
+41 79 614 99 99 or by email [brasserie@royalsavoy.ch](mailto:brasserie@royalsavoy.ch)*

## THE LOUNGE BAR, ITS TERRACE & THE JAPANESE GARDENS

Solo, as a couple or with friends. Talk, laugh, and relax: the Lounge Bar and its gardens welcome everyone to share a special moment together. Thanks to the imposing glass wall, the contemporary retro bar is bathed in light as it changes throughout the day. An inspiring place to enjoy one of the cocktails created by our teams.

*Open every day from 7:00 to midnight*

*Breakfast from 7:00 to 11:00*

*Continuous service from 12:00 to 23:00*

## SUSHI

A light breeze sweeps through the branches of the maples in the Japanese-style gardens. Enjoy the menu comprising a selection of sushi, saké and Japanese beer.

*Available every day from 17:30 to 22:30  
Vegetarian option available*

## COCKTAILS & MASTER CLASS

Fancy becoming a cocktail master? The team of mixologists at the Royal Savoy hold a master class every Thursday afternoon. Original flavours based on seasonal produce await the participants. The history of cocktails and how to craft them will no longer be a mystery to you!

*Thursday afternoons from 16:15 to 17:00  
CHF 50.- per person, adults only  
Up to 6 people per class*

*Reservations: Tel. +41 21 614 88 52, by sms or WhatsApp  
+41 79 614 99 99 or by email [brasserie@royalsavoy.ch](mailto:brasserie@royalsavoy.ch)*

## SUMMER COCKTAILS

Citronella, basil, raspberry: the techniques and ingredients of our summer cocktails look to freshness. Our team of mixologists is inspired by seasonal crops and local gardens to create totally new and original flavours.

In addition, every day a new lemonade is served on the terrace of the Lounge Bar – a real treat...



## CIGAR LOUNGE & SHEESHA

Opening on to the exterior, the Cigar Lounge offers connoisseurs an exceptional selection. The Royal Savoy is a veritable Habanos Point with a guaranteed intense, handmade assortment. After Cuba, the journey moves on to the Middle East for sheesha lovers, who can share scented tobacco and oriental delicacies on the terrace.

## SHEESHA

Our gardens offer you the chance to treat yourself to a flavoursome sheesha with friends and to enjoy sweet treats from the Middle East.

*CHF 40.- / sheesha  
On the Lounge Bar and Cigar terraces  
Every day from 10:00 to midnight*

## THE ROYAL GARDENS

Throw open the glass doors and sink into the soothing atmosphere of the majestic gardens of the Royal Savoy: an inspiring and relaxing green oasis with a mix of redwoods, pines, young shoots and ancient trees. The perfect place to relax and let your thoughts wander freely.

## DINING UNDER THE STARS

Alone in the world...or nearly! Take advantage of our summer fare, while enjoying a unique and original moment with family, friends or colleagues in the Royal Savoy Gardens, sitting under the stars and surrounded by lush vegetation. A convivial dinner alfresco, where your only concern will be to enjoy the moment.

*From mid-June to mid-August: Thursday to Sundays included*

*Menu CHF 95.- / per person*

*For between 12 and 24 people.*

*Minimum 12 people, weather permitting*

*Vegetarian and vegan options available*

*Reservations 24h in advance*

*Tel. +41 21 614 88 52, by sms or WhatsApp +41 79 614 99 99*

*or by email [brasserie@royalsavoy.ch](mailto:brasserie@royalsavoy.ch)*



## THE PICNICS

A gourmet picnic, carefully put together by the chefs of the Brasserie du Royal Savoy, just waiting to be shared in one of the corners of the gardens, or to be enjoyed as a take-away meal!

*Every day*

*CHF 95.- per hamper for two people*

*CHF 155.- with a bottle of Champagne*

*Vegetarian and vegan options available*

*Reservations 24h in advance and pick-up at hotel reception*

*Tel. +41 21 614 88 52, by sms or WhatsApp +41 79 614 99 99*

*or by email [brasserie@royalsavoy.ch](mailto:brasserie@royalsavoy.ch)*

## PRIVATE BBQ & BOULES

The activities offered by the hotel include boules, with its own court, and a barbecue area that can be hired for private parties! Take advantage of a mild summer morning to start a friendly game before meeting round the barbecue where the Brasserie du Royal Savoy team will be pleased to select products to match your event.

*From mid-June to mid-August*

*Dinner only*

*CHF 125.- / per person*

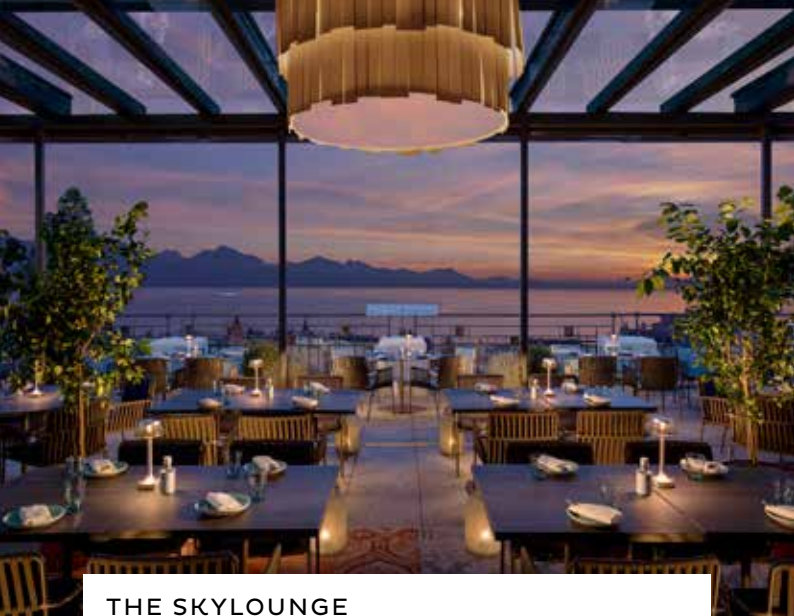
*From 10 people up to 30 people*

*Vegetarian and vegan options available*

*Reservations 24h in advance*

*Tel. +41 21 614 88 52, by sms or WhatsApp +41 79 614 99 99*

*or by email [brasserie@royalsavoy.ch](mailto:brasserie@royalsavoy.ch)*



## THE SKYLounge

Without any doubt, the best view of Lausanne is from the 7<sup>th</sup> floor of the Royal Savoy. On one side lies Lausanne and its singular composition made up of 3 hills. On the other, an exceptional panorama of the Alps, Lavaux and also the biggest lake in Western Europe spreads out before you. A perfect place to enjoy one of the subtly flavoured dishes offered by the chef.

*Every day from June to September. From 11:30 to midnight*

*Lunch 11:30 - 14:00 (last orders 14:00)*

*Drinks & Snacks 15:00 to midnight*

*Diner from 18:30 - 00h00 (last orders 22:00)*

*Reservations: Tel. +41 21 614 88 52, by sms or WhatsApp  
+41 79 614 99 99 or by email [skylounge@royalsavoy.ch](mailto:skylounge@royalsavoy.ch)*

## SWISS NATIONAL DAY

Immerse yourself thoroughly in Swiss National Day by enjoying a breath-taking view of the fireworks display along the lakeshore! The Royal Savoy has created a menu comprising 5 courses along with an aperitif to make the party sparkle...

*Thursday 1<sup>er</sup> August only. From 19:30 to midnight*

*SkyLounge Menu: CHF 175.- (5 course menu*

*with a glass of Dom Pérignon)*

*Vegetarian and vegan options available*

*Reservations: Tel. +41 21 614 88 52, by sms or WhatsApp  
+41 79 614 99 99 or by email [skylounge@royalsavoy.ch](mailto:skylounge@royalsavoy.ch)*

## WELCOME TO THE COOKING ACADEMY!

Both young and old find sweets things tempting! The Royal Savoy will have gourmets in raptures with pastry workshops for newbies and aficionados. Allow our pastry chef Laurent Schmitt and his team to guide you with their expertise.

*From July to August. Wednesday mornings from 9:30 to 11:00*

*CHF 50.- / per person*

*Reservations: Tel. +41 21 614 88 52, by sms or WhatsApp  
+41 79 614 99 99 or by email [brasserie@royalsavoy.ch](mailto:brasserie@royalsavoy.ch)*





# SPA DU ROYAL





# A WEALTH OF EXPERIENCE & KNOW-HOW AWAITS YOU

THE MODERN SPA AT THE ROYAL SAVOY HOTEL & SPA LAUSANNE, COVERING AN AREA OF APPROXIMATELY 1,500 SQM, LEAVES NOTHING TO BE DESIRED, PROVIDING A COMPREHENSIVE RANGE OF COSMETIC TREATMENTS AND MASSAGES. IT INCLUDES AN INDOOR AND OUTDOOR POOL, EIGHT TREATMENT ROOMS, A «LADIES ONLY» SPA AREA, AN ADDITIONAL PRIVATE SPA AREAS, AS WELL AS A 24/7 FITNESS FACILITY EQUIPPED WITH THE LATEST MACHINES.



## SUMMER PAMPERING

As an extension to our range of personalised options, during the summer, the Royal Spa offers four à la carte programmes designed to satisfy your every wish: “Break and Spa”, “Break and Relax”, “Happy Hour Spa” and “The Spa Suite Option”. Enjoy an exceptional and exclusive experience filled with moments of bliss and relaxation.

### BREAK & SPA · 100 CHF

- 3 hours Spa Experience 3h (fitness centre, sauna, steam room, Jacuzzi, indoor & outdoor pools, relaxation room)
- 3 course Spa Menu at the Lounge Bar & terrace

### BREAK & RELAX · 200 CHF

- Full access to the Spa for one hour before your treatment (fitness centre, sauna, steam room, Jacuzzi, indoor & outdoor pools, relaxation room)
- One 50 minute treatment of your choice: relaxing massage, Sport massage or a facial treatment by Aromatherapy Associates.
- 3 course Spa Menu at the Lounge Bar & terrace

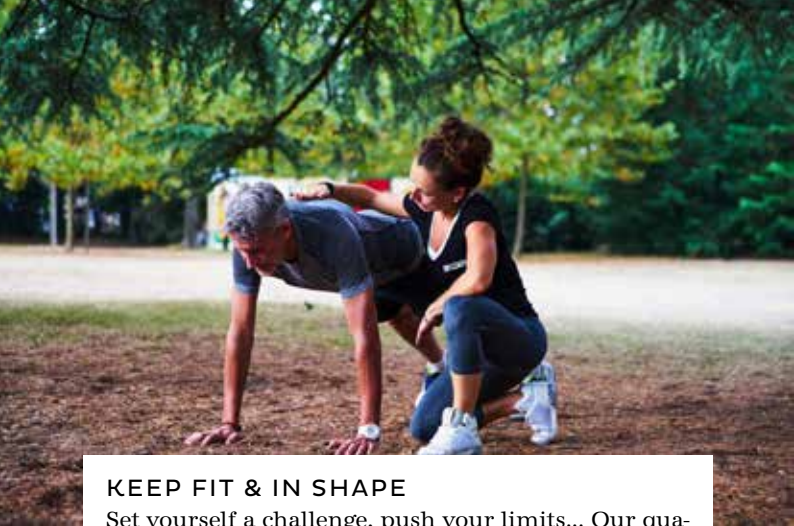
### HAPPY HOUR SPA · 50 CHF

- Discover the Spa during your lunch break or after a day's work
- From 12:30 à 14:00 or from 19:30 to 21:00, Monday to Friday

### SPA SUITE · 450 CHF

- Three hours in your own private Spa Suite for two people including two 50 minute treatments for and a half bottle of champagne

Contact the Spa: Tel. +41 21 614 88 30, by sms or WhatsApp +41 79 614 99 99 or by email [spa.royalsavoy@royalsavoy.ch](mailto:spa.royalsavoy@royalsavoy.ch)



## KEEP FIT & IN SHAPE

Set yourself a challenge, push your limits... Our qualified and specialised team makes every effort to support your future goals. Our personalised coaching programme, set up by our coach Emy Mainguy, is designed to be followed individually or in small groups. Enjoy a modern fitness area equipped with the latest generation of equipment to meet your challenges.

*Cross training: Mondays from 18:30 to 19:45  
Legs, Bums & Tums: Wednesdays from 9:30 to 10:15  
Body Sculpt: Thursdays from 9:30 to 10:15*

### *Individual coaching*

*CHF 170.-/ per session - CHF 150.- for Spa members  
12 sessions: CHF 1560.- for Spa members,  
CHF 1800.- for non-members (valid for 6 months)*

### *Groups (From 4 to 8 people)*

*CHF 40.- per session - CHF 25.- for Spa members  
5 sessions: CHF 100.- for spa members,  
CHF 160.- for non-members (valid for 6 months)*

## YOGA

Beauty comes from within. Take care of yourself with yoga expert Meret Hulliger. This passionate connoisseur of the discipline teaches with passion and supports each of her students in his or her desire to achieve personal excellence. During the summer, yoga is held every Sunday on the Royal Savoy terrace so that this moment of personal awareness can be experienced in even greater depth.

*For further information please visit our website:  
[www.royalsavoy.ch/en/spa-beaute/yoga](http://www.royalsavoy.ch/en/spa-beaute/yoga)*

### *Contact the Spa:*

*Tel. +41 21 614 88 30, by sms or WhatsApp +41 79 614 99 99  
or by email [spa.royalsavoy@royalsavoy.ch](mailto:spa.royalsavoy@royalsavoy.ch)*

*Yoga classes on Sundays will be held on the Salon Royal terrace during the summer and weather permitting*

## RELAX... AS A FAMILY !

Always innovative, the Royal Savoy Spa offers the benefits of a family spa. Under the supervision of a parent, children from the age of 6 and over have access to the various treatments offered, while teenagers from the age of 16 will be able to take advantage of the saunas, steam rooms and fitness areas.

*We are delighted to offer treatments for children aged 6-16 years if accompanied by an adult. Access to sauna, steam rooms, Jacuzzis and fitness studio are restricted to over 16's.*

*"Junior Spa Experiences" are on Sun. & Wed. 10:00-18:00.  
Subject to availability and reservations in advance necessary.*

SLEEP





# HAPPINESS IS A LONG SLEEP AND A GOOD BREAKFAST!

REFINED, CONTEMPORARY, YET RESPECTING THE HERITAGE OF THE HISTORIC BUILDING THAT DATES FROM 1909, THE 196 ROOMS AND SUITES OFFER VISITORS A PLACE THAT IS SYNONYMOUS WITH COMFORT. BATHED IN LIGHT, EACH ROOM IS EQUIPPED WITH MODERN FURNITURE AND ALL MODERN CONVENIENCES. THE MARBLE-FLOORED BATHROOMS ARE EQUIPPED WITH A WATERFALL SHOWER AND SOME HAVE A JAPANESE BATH.



## BED & BREAKFAST · FROM CHF 335.-

- Includes buffet breakfast at the Brasserie du Royal
- Free wifi
- Complimentary tea and coffee
- Unlimited access to the Spa du Royal
- VAT

*Prices are per day per room. City tax is an additional CHF 4.20.- per person per day.*

*For availability and reservations, please visit our website:  
[www.royalsavoy.ch/](http://www.royalsavoy.ch/)*

*Reservations: tel: 021 614 88 88,  
SMS/WhatsApp: 079 614 99 99,  
[reservations@royalsavoy.ch](mailto:reservations@royalsavoy.ch)*